City of Murray

Employee Preventative Exam Form

The City of Murray Employee Wellness Program offers a variety of ways that City employees may obtain activity points for efforts toward optimal health. Employee participants in the Wellness Program may choose from at least six activity options to satisfy requirements for all program levels. Of the multiple ways to achieve activity points, one option is to "Complete medical follow-up or annual preventative exam".

An employee intending to use participation in annual preventative exams as one of the required activities must obtain documentation. This form has been provided as a tool for documentation but will not be the only form of documentation accepted. An employee may choose to use any form of documentation that contains the name of the exam, the date it was received, and the provider name.

An employee choosing to use this form must have the provider fill in the information below at the time of the preventative exam.

_____ received a _____

Employee Name Preventative Exam Type

on _____.

Preventative Exam Date

_____

Clinic Name

_____

Provider Signature